

Nutrition ink

Volume 20 Number 2 Spring 2013



Strength in Numbers *By David A. Feller*

One of the keys to managing a successful operation in any facility – food service or otherwise – is having a network of trained professionals on hand to help with challenges, large and small, as they arise. At The Nutrition Group we are extremely proud to be able to offer you your very own well trained network of educated and qualified professionals.

These individuals are experts in their field and offer each of our valued customers a system of support that is unrivaled in the industry. Whether it's Human Resources, Corporate Safety, Loss Prevention, Technology or Facilities Maintenance – The Nutrition Group's Corporate Support Services are available to assist your district. Please see a complete list of our support services that are involved directly and indirectly with you throughout the school year on the next page. Our network of corporate support services report their direct

involvement to the Food Service Director and Regional Manager, who then report this to you, our client. Additionally, we supply a support services attachment to our monthly board report to communicate our direct and indirect involvement to our customers.



Having this group of qualified individuals available to assist your on site Food Service Director is one of the many keys to the success of your food service program. At The Nutrition Group, we are proud to have the ability to recognize a potential challenge, call on our support services and resolve the situation with very little demand on your district. It creates a seamless program – one of the reasons we believe we've enjoyed a great deal of success in K-12 food management services. Feel free to contact your resident Food Service Director to find out how The Nutrition Group – and our team of Corporate Support Services – continue to help make your program the best it can be! 🍌



From the Desk of: **JERRY MOORE**

As another school year draws to a close, we look back at the many changes that have occurred in the National School Lunch and Breakfast programs in the last year alone! As you know from the monthly board reports that you receive, the Healthy Hunger Free Kids Act (HHFKA) presented many challenges.

Our feature article in this edition of *Nutrition ink* exemplifies just how effectively teamwork enables us to manage those and many other challenges. Our registered dietitians, chefs, buyers, operations specialists and marketing team worked closely to ensure that each district we provide service to was in compliance with the HHFKA, each district achieved the 6-cent reimbursement certification and all cafeteria staff, students and parents were aware of the changes they could expect.

Fortunately, some of the HHFKA requirements have been relaxed, at least temporarily. We anticipate and are optimistic that the upcoming breakfast and ala carte requirements also will be relaxed.

Wellness Wednesday, the elementary concept we introduced last October, was largely successful, not only as an enjoyable special event, but also as a valuable tool to implement new foods and new combinations that meet the requirements of the HHFKA. We are eager to present yet another new concept next year – *Taking Nutrition Global* – which achieves the same objectives as *Wellness Wednesday*, and is designed to appeal to secondary students.

Thank you for allowing us to serve you in the 2012-2013 school year, we look forward to seeing you again next year!

CORPORATE SUPPORT TEAM

Regional Managers

Regional Chef

Corporate Staff/Officers

Ongoing Sales
Commitment

Human Resources

Controller's Office

Buying/Cost Control

Debit Card/POS Systems

Loss Prevention



Quality Assurance

Safety Management

Dietetics

Vending

Equipment

Cafeteria Design

Corporate Media

Merchandising



Penn Cambria School District Fundraising Event

On Valentine's Day, the Penn Cambria School District and the High School Cafeteria Committee sold chocolate chip cookies and oatmeal raisin cookies drizzled with chocolate to raise money for the American Heart Association. The High School Cafeteria Committee raised \$500 for this event. All proceeds were donated to the American Heart Association in the Penn Cambria High School Cafeteria Committee's name.

Submitted by Christen Perrone



Neshannock Township School District Schools to Watch Award

The mission of the Pennsylvania "Don Eichhorn Schools: Schools to Watch Program" is to assist Pennsylvania middle grades schools build capacity and recognize schools achieving academic excellence, based on the rigorous 37 criteria established by the National Forum to Accelerate Middle Grades Reform.

Congratulations to Dr. McCalla and the staff of Neshannock Junior High on receiving this prestigious award. Refreshments were provided for staff members in celebration of their achievement.

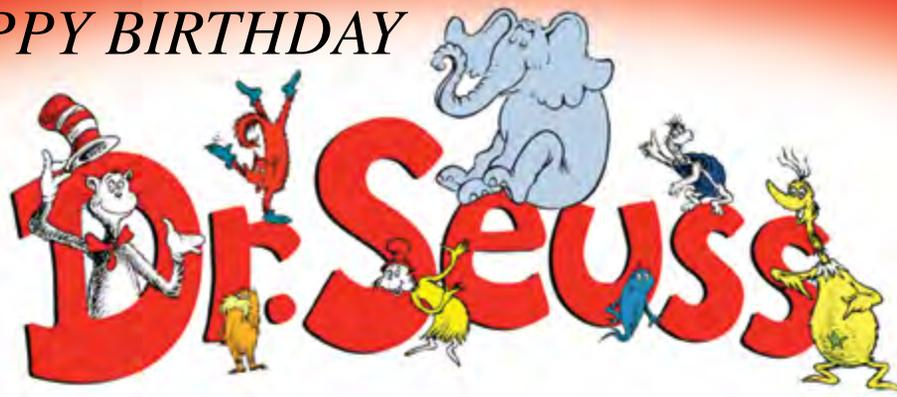
Submitted by Liz Peters



South Allegheny School District Sports Recognition

A sports recognition event was held to honor members of the football team, the boys and girls soccer teams, cheerleaders, majorettes, and coaches. A delicious pasta dinner was served to all who attended.

HAPPY BIRTHDAY



This year marks the 108th anniversary of the birth of the world renowned rhyme-maker Dr. Seuss. Theodor Seuss Geisel was born on March 2, 1904 to a German Family who immigrated to America. Theodor Geisel, after many rejections and years of struggling, assumed the pen name of Dr. Seuss. This famous writer and cartoonist published over 60 children's books including the bestselling *Green Eggs and Ham*, *The Cat in the Hat*, and *One Fish Two Fish Red Fish Blue Fish*.

Dr. Seuss' Birthday is celebrated in conjunction with Read Across America Day to honor him because of his love of children and learning. His use of rhyme, tongue twisters, word play and highly inventive vocabulary sparks an interest for children and keeps learning fun. Dr. Seuss' legacy continues to live on and inspire generations of children of all ages to explore the joys of reading.





Thanks to all of you who let us share in your fun: Canon-McMillan, Christ the Divine Teacher Catholic Academy, Glendale, Lower Moreland Township, Neshannock Township, Philadelphia Performing Arts Charter School, Rochester Area and South Butler County School Districts.





Iroquois School District Taste of East Erie

The *Taste of East Erie*, organized annually by the Iroquois School District Foundation, is one of the most anticipated events of the year by many Erie County residents. With an average of nearly 750 attendees in each of the last five years, it offers a special opportunity for area residents to be a part of this unique and popular event featuring signature cuisines from restaurants and food establishments located

exclusively on the east side of Erie. The event also includes a Chinese and Silent Auction along with other attractions. This year The Nutrition Group provided a Buffalo Chicken Dipper with Nachos, Saucy Meatballs, coffee, bottled water, and all paper products. We are pleased to be a part of such a wonderful event and are looking forward to next year.



Submitted by Denise Pyle



Liberty Local Schools National School Lunch Week Coloring Contest

Each year in October, National School Lunch Week shines the spotlight on school lunch and serves to educate the community on its importance. This year's theme, *School Lunch-What's Cooking?* highlighted the positive changes that have been made in school lunch programs across the country. In celebration of this event, The Nutrition Group held a coloring contest at E.J. Blott Elementary School. Students who received a school lunch during the week were eligible to enter a coloring contest and the vivid pages were displayed in the cafeteria for all to see. The pages were judged by Principal Palmer, Food Service Director Karen Santelmo and members of the cafeteria staff. Three winners from each grade were chosen and winners received prizes that included school supplies and fun toys.

Submitted by Karen Santelmo



Mars Area School District Tasty Apple Lemonade!

Special thanks to Anne Haus of Monte Verde produce for collaborating with The Nutrition Group's Michelle Marker, Director of Programs and Marketing, and Food Service Director Carlene Concoly to provide an apple-lemonade presentation to Mars Area students.



Minersville Area School District African Safari and SPCA Fundraiser

During the month of January cafeteria staff members held a fundraiser to benefit the Society for the Prevention of Cruelty to Animals (SPCA). Stuffed animals, animal print bracelets, pens and pencils were sold to raise money and items like pet food, cat litter, cleaning supplies and newspapers were collected. All proceeds from the items sold as well as the donated goods benefitted the Ruth Steinert Memorial SPCA.

Winter Carnival

Minersville High School students stepped right up when their cafeteria was transformed into a winter carnival. Fresh popcorn was available for anyone who purchased a reimbursable meal and students tried their hands at a ring toss game for a chance to win a free snack coupon. Everyone had a great time and it was a nice break from the cold winter weather outside.

Submitted by Deidre Bloch





Wellness Wednesday was a huge hit in elementary cafeterias this year! Students enjoyed sampling

the recipes and looked forward to it each month. We were pleased to be able to offer recipes that met the guidelines of the Healthy Hunger Free Kids Act while maintaining popularity among students. Here are a few photos of some of the Wellness Wednesday



events that took place. Our corporate chefs are already busy working on new recipes for next year and are eager to present them to the students. This edition features Wellness Wednesday events at Burgettstown Area, Howland Local, Lebanon, North Clarion County, Old Forge and West Mifflin Area School Districts.

Chef Basil's
Wellness Wednesday







Montour School District "Cow to You" Dairy Education Program

The "Cow to You" elementary dairy education program sponsored and created by Schneider's Dairy visited the Forest Grove Elementary School. Through the use of puppets, stories, and visual aids, Marian Pirih, Schneider's Dairy Education Specialist, taught students how milk is produced on a farm, the necessary foods and drink of cows, the process of milking and delivery to market, examples of dairy products and the health benefits that they provide. The program was arranged by The Nutrition Group.

Submitted by Lisa Banner



Penn Hills School District Thanksgiving Feast

Each year, students and their families, staff members, and local residents are invited to attend a Thanksgiving feast that is held at Forbes Elementary School and sponsored by district administration and The Nutrition Group. Food Service Director Jodee Murphy, Assistant Food Service Director Kevin Hollenbaugh and Jessica Anzelone, Managing Director of The Nutrition Group, were present to carve and serve the savory roast turkey and ham.

Submitted by Jodee Murphy



Southern Local School District Let's Go Gardening!

Millcreek students are benefiting from a dual lesson in the importance of vegetables through gardening. They enjoy digging and planting as they watch the plants grow, and they are equally as interested in learning about the nutritional value vegetables have to offer. With the help of a grant and a donation, they purchased a greenhouse which the Vo-Ag students are constructing. Students and staff are eager to expand the program to incorporate even more plants and flowers in the future.

Submitted by Kathy Fulk



Shaler Area School District Veteran's Day Celebration

Local veterans in the Shaler area were invited to attend a Veteran's Day Celebration held at the Shaler Area Middle School. Cafeteria staff members prepared a pancake and scrambled egg breakfast and student volunteers graciously served more than 375 guests.

Submitted by Jenny Pearson



Central Valley School District PAMLE Conference

Established in 1973, the Pennsylvania Association for Middle Level Education (PAMLE) serves as a voice for professionals, parents and others interested in the educational and developmental needs of young adolescents 10 to 15 years of age. This year, the annual PAMLE conference was held at the Central Valley Middle School with more than 300 teachers, administrators, guest speakers and vendors in attendance.

Attendees enjoyed a continental breakfast and a turkey dinner complete with carving stations. Guest carvers included Cortney Gill (Big Beaver Falls Area School District), Louanne Schmitt (Aliquippa School District) and Corporate Chef Lisa DalleTezze. Sue Lukacs (Blackhawk School District) also assisted with the preparations and the Central Valley Middle School food service department staff prepared the meals and snacks for the event.

Submitted by Debbie Fontana





Burgettstown Area School District **Fishin' for Nutrition**

In celebration of the opening day of trout season, Burgettstown students recently enjoyed quite a unique event that they got caught up in hook, line and sinker, so to speak. Food Service Director Bob Mamula and the cafeteria staff donned their best fishing gear and even decorated the food court in a fishing motif too! Lucky tray winners walked away from lunch ready to cast their lines with the bobbers they received as prizes. All of the students enjoyed a themed lunch of commodity catfish, coleslaw, hush puppies, fruit, milk and dirt dessert.

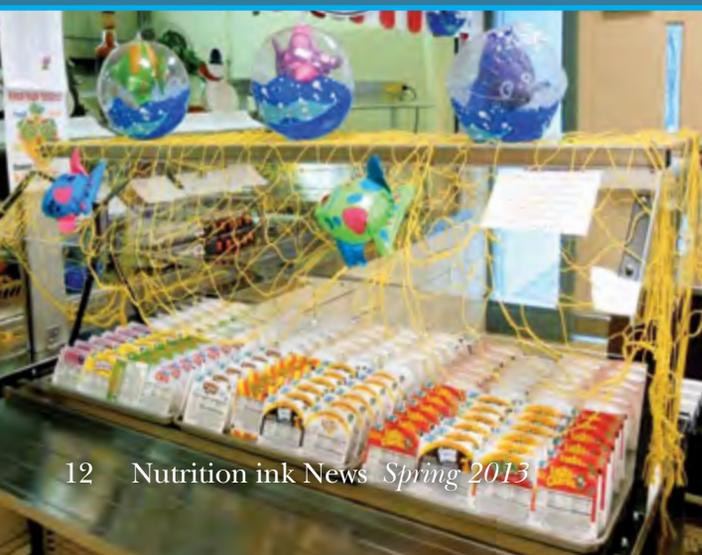
How did the students feel about their event? We're pleased to report that they were all hooked!

Submitted by Robert Mamula

Montgomery Area School District **Fishin' for Nutrition**

Montgomery Area Elementary students were Fishin' for Nutrition at an event that featured fished shaped pizzas and a fun beachy serving line. Every student who purchased a reimbursable breakfast received a bag of Goldfish crackers.

Submitted by Patty Webster



West Mifflin Area School District County Fair Days

Who's smart and sweet and white all over?
Mr. Hanna in a pie throwing contest! Students at Emerson Elementary took their best shot as they celebrated County Fair Days. Thanks to Mr. Hanna for being such a good sport!

Submitted by Michelle Oddo



Wilkinsburg Borough School District Celebrations in February

February brought about a myriad of celebrations at Kelly Elementary School in the Wilkinsburg School District. Cafeteria Staff Member Debra Diggs and School Nurse Sharon Kura collaborated with Highmark Blue Cross Blue Shield to promote heart health among cafeteria staff members. They were educated on the benefits of healthy habits like good nutrition and daily exercise and even signed pledges. Everyone who pledged received a pedometer. Other celebrations in February included Valentine's Day and Black History Month.



Submitted by Roslyn Walker



Wilkes-Barre Area Career & Technical Center National Oatmeal Month

January is National Oatmeal Month and what better way to celebrate than with an Oatmeal Topping Bar! Oatmeal is a good source of calcium, iron and eight other essential vitamins and minerals. Students and staff members enjoyed this super food topped with yummy treats like a variety of fresh fruits, raisins, dried cranberries, brown sugar, cinnamon and walnuts.

Submitted by Mary Jo Grazious





Everett Area School District New Cafeteria Unveiled

A brand new cafeteria was recently opened at the Everett Area High School. Prior to the official opening, students attended an unveiling and staff members participated in new equipment training. The cafeteria offers an array of choices including different types of pizza, cheeseburgers, hamburgers, chicken patties and hoagies.

Submitted by Rob Scalice



Greensburg Salem School District Golden Lion's Bistro

The Golden Lion's Bistro Line is a new addition to the Greensburg Salem Senior High Cafeteria. The line features a special item each day and numerous ala carte items like grilled chicken breast sandwiches, boneless chicken wings, Big Lion cheeseburgers, hot Italian hoagies and

homemade soups served in bread bowls, just to name a few. The line has been a popular choice among students and staff alike.

Submitted by Pam Fink



Howland Local School District Laboratory Week

North Road Elementary School was swarming with mad scientists as students celebrated Laboratory Week in February. Students wore white lab coats and enjoyed a laboratory themed menu featuring poultry in a Petri dish (turkey & gravy), tater in a beaker (mashed potatoes) and test tube green beans.

Submitted by Ed Wick

What is Go for the Greens?

Go for the Greens is an initiative sponsored by Pennsylvania Advocates for Nutrition and Activity (PANA) that is celebrated annually in March. Go for the Greens focuses on and encourages students to eat green fruits and vegetables as part of a healthy, well balanced diet. Green fruits, vegetables, and legumes are packed with vitamins, minerals, fiber, and other nutrients. This event coincides with St. Patrick's Day and is a great time to remind students how important greens are for a healthy diet!

Canon-McMillan School District Food Service Director Melissa Schad and cafeteria staff offered students plenty of green fruit and vegetable choices during a Go for the Greens celebration! Students were able to choose from green apples, honeydew and green grapes for their fruit choice and green salads, broccoli or cucumbers for their veggie choice. At Cecil Intermediate School a

Go for the Greens /St. Patrick's Day party was held complete with decorations and prizes. The students had an awesome time eating their greens!

Submitted by Melissa Schad

Corry Area School District In mid March, the third annual Go for the Greens program was presented at the Middle/High School during lunch. A table was set up in the cafeteria that offered a variety of delicious and healthy green foods that included fresh spinach, broccoli, celery sticks, green peppers, green olives, pickles, cucumbers, green grapes and kiwi. Students were encouraged to fill a complimentary bowl with fresh offerings, and to focus on those they had never tried before.

Food Service Director Shelly Powell and Assistant Susan Marrs were available to serve, replenish and answer any questions. Students were surprised that they actually enjoyed some of the healthy fruits and vegetables they had never tasted before.

Submitted by Shelly Powell



The Zoo to You!

The Nutrition Group partners with Reinhart Foodservice and several area zoos including Pittsburgh, Erie and Philadelphia to bring the fun and educational Rainforest Rhythms program to many of the districts we provide service to.

During these visits, members of the zoo staff bring live animals and discuss the animals' unique features, characteristics, and their habitats and diet.

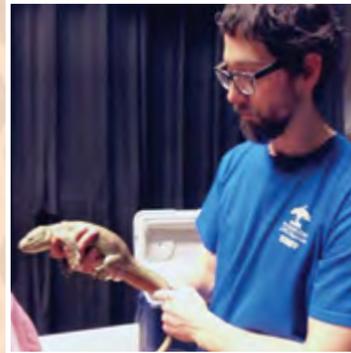
Michelle Marker, Director of Programs for the Nutrition Group, speaks to students about the importance of good nutrition for their own bodies. Students learn that just like the animals, we must

make wise food choices to be sure that we are nourished and healthy.

During these fun events, students are excited to wear their favorite animal

shirt or print and are delighted with the zoo-themed lunches.

This year, representatives from the Pittsburgh Zoo visited the following school districts: Bethlehem-Center, Canon-McMillan, Clarion-Limestone Area, Ligonier Valley, Mars Area, South Butler County and West Mifflin Area. Representatives from the Erie Zoo visited Crawford Central and North Clarion County School Districts and we were pleased to welcome representatives from the Philadelphia Zoo for the first time at Global Leadership Academy.



Indian Creek School District

Guest Chef

We all know that school principals often wear many hats. But who would have thought that a chef hat would be one of them! Wayne Elementary Principal Toni Jean Dondzilla was the guest chef at a turkey carving station and students were delighted to see her in that role.

Submitted by Doug Gosney



Titusville Area School District

Breakfast On-The-Go

Over the last couple of years, The Nutrition Group's Michelle Marker has presented various nutrition education programs at Titusville School District through a Highmark Blue Cross Blue Shield grant. The response from teachers, students and principals has been so positive, that with the remaining funds she was asked to present once again.

We know that breakfast is the most important meal of the day, and we know too, that it's easy to think we don't have the time to prepare a healthy meal. Breakfast is especially important for active 'tweens and teens, and many times it's

at this age level that breakfast takes a back seat to the morning rush.

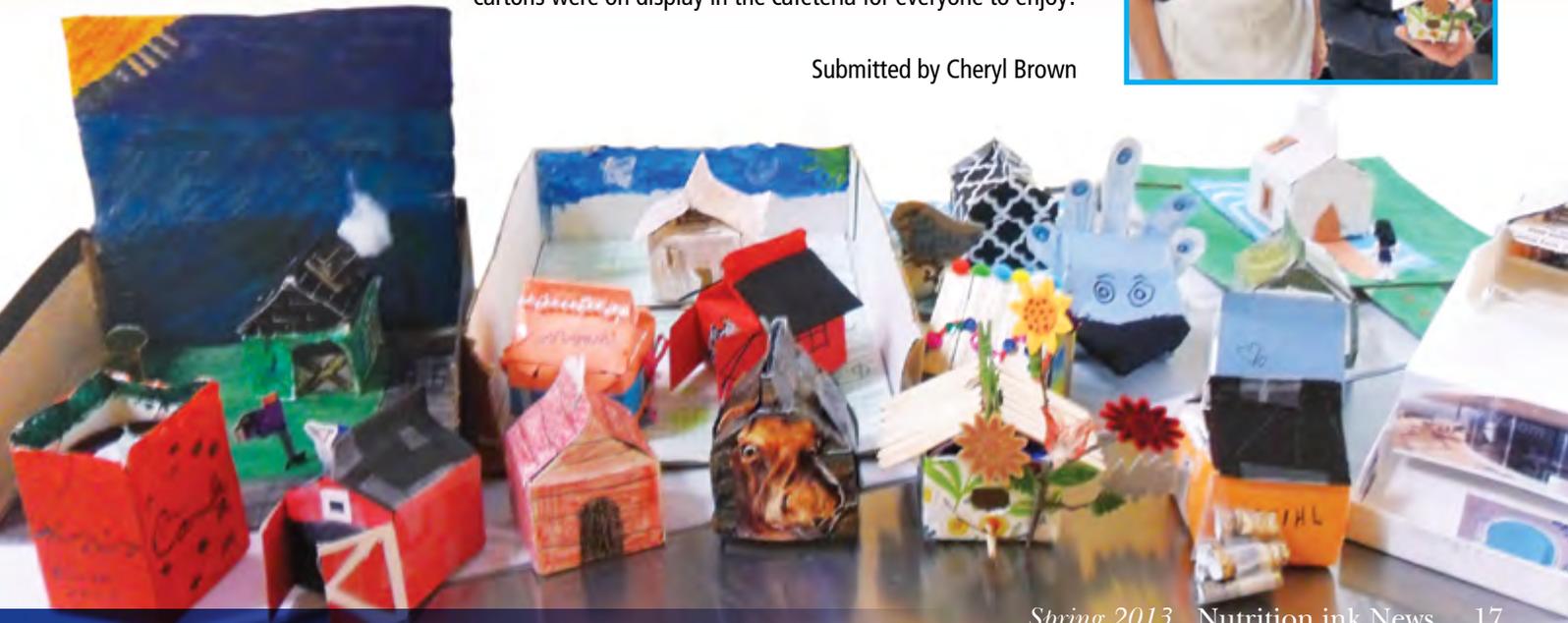
That's why, with the help of Titusville Food Service Director Cheryl Brown and her Assistant Brandi Culver, Marker offered a Breakfast On-The-Go presentation to introduce a variety of ideas and options for breakfast when time is at a premium.

The middle school students were receptive to the idea and eager to help assemble creative blends of cereals, nuts and dried fruit. The creative concoctions serve as a nutritious breakfast but also as a perfect after-school or pre-game snack!

Milk Carton Decorating Contest

In celebration of National Milk Day, a milk carton decorating contest was held for Titusville 5th grade students at Main Street Elementary school. Clean, sealed milk cartons were donated by Schneider's Dairy and the students were very creative! The winning carton was decorated like a bird house complete with colorful flowers and the talented student who designed it won a \$10 gift card. All of the decorated milk cartons were on display in the cafeteria for everyone to enjoy!

Submitted by Cheryl Brown



Nutrition Education

**Fourth Grade
Portion Distortion**
Teaches students about correct portion sizes to ensure healthy eating habits.



**First Grade
Wash up, Stay Healthy!**
Students receive instruction on correct procedures for hand washing and when to wash to stay healthy.

Canon-McMillan School District Nutrition Education for All Ages

**Second Grade
Is Your Tray OK?**
This program teaches students the importance of eating from all five food groups for better health.

Submitted by Melissa Schad

**Third Grade
"The Cow to You"**
Students learn how milk is produced and the benefits of consuming milk and other dairy products.



PENNCREST School District Health Fair

As part of Maplewood Junior/Senior High School's annual district health fair, The Nutrition Group presented our Fear Factor nutrition education game, much to the delight of the students.

Director of Food Service Marla Perseo and Melissa Kingen, Regional Manager, were on hand to challenge students to spin the Fear Factor wheel to see what fruit or vegetable they would "dare" to sample. Trivia questions and interesting facts about star fruit, pomegranates, mangos, avocados, hummus, tofu, brussels sprout, and edamame made for a fun afternoon of taste testing and learning!

Submitted by Marla Perseo



Molly the Cow

Molly the Cow grazed local districts and shared her message about the importance of dairy products as part of a healthy balanced diet. Students love to visit with her and watch her show off her silly dance mooves.

Thanks to all those that warmly welcomed Molly: Anville-Cleona, Athens Area, Carbondale Area, Cardinal Local, Chartiers Valley, Danville Area, Dunmore, East Penn, Elwood City Area, Global Leadership Academy, Greater Johnstown, Interboro, Lakeland, Lebanon, Line Mountain, Lower Moreland Township, Mars Area, MaST Charter School, Middletown Area, Mid Valley, Millersburg Area, Millville Area, Minersville Area, Mount Carmel Area, Mountain View, Newport, Northeast Bradford, Northwest Area, Old Forge, Panther Valley, Penns Valley Area, Philadelphia Performing Arts Charter School, Ringgold, Shamokin Area, Weatherly Area, Wilkes-Barre Area and Wyalusing Area.



Molly
THE
COW





Sto-Rox School District

Elvis Has Left the Building!

Elvis Presley was an inspiration to all who believe in the power of music. He was nicknamed the "King of Rock and Roll" and recorded more than 600 songs. Though he's been gone for many years, his birthday is still celebrated by people everywhere. Grilled peanut butter and banana sandwiches, Nothin' but a Hound Dog-hot dogs, sweet potato fries and blue suede shoe gelatin were served at Sto-Rox Middle School to commemorate The King's birthday. In addition to the themed menu, the cafeteria was decorated with photos of Elvis throughout his career. Francine Schmid, Food Service Director, raffled off several Elvis related items including a beginner's guitar, books and posters.

Submitted by Francine Schmid



Old Forge School District Harvest Health Fair

Students at Old Forge Elementary School attended a Health Fair sponsored by the school district and The Nutrition Group. The health fair was a fun way to educate students on the importance a healthy diet for a healthier life style. Students who spun The Fruit Wheel of Fortune won their choice of a fresh piece of fruit. A dairy station promoted the importance of calcium with freshly made smoothies and a grain station encouraged students to choose foods made with whole grains. A student favorite was the stir fried vegetables that were on display for students to sample. An exercise station promoted 60 minutes of daily exercise with fun dancing and informational handouts.

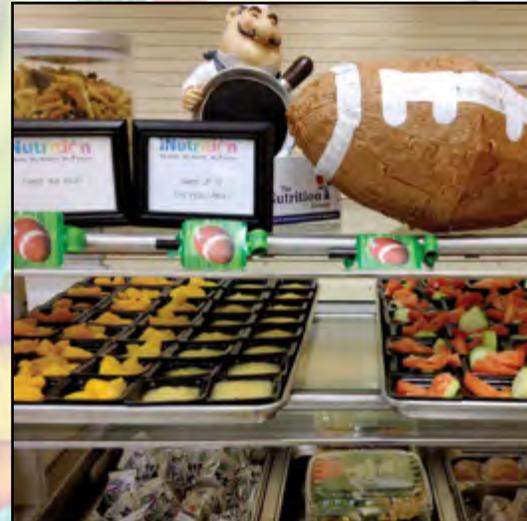
Submitted by Mary Jo Grazious



Philadelphia Performing Arts Charter School **Recent Events**

From a Super Bowl Party to a Hawaiian Luau, Philadelphia Performing Arts Charter School has been a flurry of activity. During the Super Bowl party students put on their game faces and sported their favorite team jerseys. A variety of chicken nuggets completed the game day menu. Students got a taste of the islands during the Hawaiian Luau that featured a pork sandwich and a fresh tomato cucumber salad. Faculty members were adorned with colorful leis and an authentic looking tiki head sat atop the serving lines for a true island feel.

Submitted by Shawn Perry





Everett Area School District

Everett Elementary School was awarded a Fresh Fruit and Vegetable Grant which is provided by the USDA and enables

students to try a wide array of fresh fruits and vegetables. Students experienced a rainbow of tastes when a mock farmer's market was constructed in their cafeteria. Michelle Marker, Director of Programs, spoke to students on the importance of fruits and vegetables and Food Service

Director Rob Scalice and staff prepared a fresh fruit salsa for students to sample. Blackberries, raspberries, kiwi and strawberries made up the flavorful treat.



Columbiana Exempted Village Schools

There's been a lot growing on at Columbiana Exempted Village Schools! The Nutrition Group's Calvin the Calf visited students and shared the significance of vegetables as part of a healthy diet. Students planted green beans and took them home to finish growing. Justin Hillegas, Principal, commented that this program was a great way to educate students about making healthy choices. Thanks to Tina Minameyer, Food Service Director, for her cheerful participation in dressing as Calvin.





Chartiers Valley School District YAC Meeting

A youth advisory committee meeting was held in January with some energetic middle school students. These meetings are a valuable source of information when it comes to preparing menus for the district. The students were excited to provide their thoughts on the government regulations and they had some great ideas about what they would like to see on future menus.

Submitted by Sue Kalafatis

Wilkes-Barre CTC YAC Meeting

Food Service Director Mary Jo Grazious and Kitchen Manager Tara Wynn strive to keep the lines of communications open with the students and faculty. One way of achieving that goal is to have YAC Committee meetings throughout the school year. The students are a wealth of suggestions and information. This group tasted new entrees and ala carte items and gave their "thumbs up" or "thumbs down" on them.

The YAC committee team compiled a week of their 5 most popular menu items which were incorporated into the February menu as YAC Committee's Favorite Five. Thank you to the committee for their great ideas!

Submitted by Mary Jo Grazious



Welcome Aboard...

To our newest members of The Nutrition Group and the FMS team:

Catherine Cassudakis, Todd Price, Debra Tyler, Robert Trommer, Tyrone Bennett, Jerry Kovach, Robert Lauson, Jillian Bergman, Dennis Needham, Sherry Thompson, Donna Buchwalter, Maxine Kesselman, Michele Fisher, Angela Focht, Erin Grissinger, James Faust, Isaiah Brown, Jean Knarr, Jean Blasco, Wendy Martz and Kevin Leninsky.

Congratulations...

Matt Triffanoff and wife Jodi on the birth of their daughter Gianna Grace on November 7.

Katrina Doud and husband Bart on the birth of their son Wyatt on December 20.

Renee Vanaelstyn and Mike Heverly on the birth of their son Jacob Wayne on January 25.

Sarah Backus and husband Mark on the birth of their son Elliot Allen on April 7.

Jen Weaver and husband Ben on the birth of their son Lucas James on April 22.

God bless them and their little ones!



Nutrition ink

Editorial Staff

Jessica Anzelone

Jaylene Batchko

David Feller

Brenda Lockwood

Michelle Marker

Melaina Montgomery

Joan Wagner



www.thenutritiongroup.biz

Corporate/Southwest Regional Office

580 Wendel Road, Suite 100
Irwin, PA 15642

724.978.2100

Fax: 724.978.2115

Northwest Regional Office

10000 US Highway 322 West
Conneaut Lake, PA 16316

800.933.6658

Fax: 814.382.3669

Northeast Regional Office

1706 Bloom Road
Danville, PA 17821

570.284.4549

Fax: 570.284.4551

Ohio
Regional
Office
**Coming
Soon!**



Taking Nutrition Global

We're excitedly looking forward to introducing our newest concept – Taking Nutrition Global – during the 2013-2014 school year. The program is designed to offer secondary students a variety of ethnic foods from a different country each month, along with fun facts and interesting information. Students will explore tastes



of Germany, France, Canada, Italy, China, Morocco, Mexico and the United States. The creative recipes developed by our chefs artfully and tastefully incorporate the all-important components of the Healthy Hunger Free Kids Act, including colorful vegetable subgroups and legumes.